

Wigan Primary Care Respiratory Service AWARE Referral Form - Activity, Well-Being and Respiratory Education

Patient Name _____

DOB _____ NHS No _____

Address _____

Postcode _____

Tel No. (Home) _____

Tel No. (Mobile) _____

Email _____

The AWARE programme is designed to support patient understanding of their COPD diagnosis and prognosis.

Providing the education, support and tools needed to support self-management, early recognition of deterioration including when and where to seek help, appropriate use of rescue medications, activity, well-being, smoking cessation, anxiety management, coping strategies and aims to overall improve long-term quality of life.

The programme consists of TWO half day sessions, attending once weekly in a group social setting with other contemporaries. In conjunction with the Primary Care Respiratory Service, Healthy Routes, Inspiring Healthy Lifestyles.

Patients MUST have an established diagnosis of COPD.

If there is any diagnostic uncertainty or for patients with known COPD requiring individualised optimisation of their COPD treatment pathway, please refer into the Respiratory Disease Management service in the first instance, and once diagnosis is confirmed and treatments optimised, the patient will be routed into the AWARE programme.

Type of Referral

AWARE Programme Newly Diagnosed COPD

AWARE Programme Diagnosed COPD > 12 months ago

Other information or any special requirements? (E.g language).

Referrer Name _____

Job Title _____

Contact Number _____

GP Surgery _____

Patient Preferred Venue

Please tick - patient will notified of venue

Leigh/Atherton/Tyldesley Locality

Ashton/Ince/Hindley Locality

Wigan Locality

Incomplete referral forms will be returned to the referrer. Any queries/questions, please ring 0800 012 1858. Email completed referrals to boc.clinicalservices@nhs.net

Service provided by: